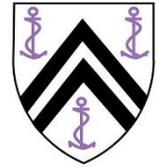




Information for Opposing Teams Travelling to Gillingham Anchorians Hockey Club During the Coronavirus Pandemic



<p>Pre-game day and arriving at Gillingham Anchorians</p>	<p>All players, umpires, coaches, supports and anyone else travelling with the opposition team should self-assess for COVID-19 symptoms, in accordance with guidance from their COVID Officer.</p> <p>We respectfully ask that if any participant or anyone in a participant's household develops COVID-19 symptoms, that they do not travel to Gillingham Anchorians.</p> <p>Our players will be following the same guidelines in order to keep the whole hockey family as safe as possible.</p> <p>All our parking facilities are open for use by opposition teams.</p>
<p>Pre-match and warm up</p>	<p>The clubhouse will be open for toilet and bar facilities only. Changing facilities should only be used for safety or safeguarding measures e.g. supporting disability athletes, a child needs a change of clothing etc.</p> <p>All teams are expected to turn up in kit ready to warm-up.</p> <p>The Clubhouse is operating on a one-way system as follows</p> <p>For access to toilets: Entrance through the main front door, through the internal changing room door, toilet facilities in the changing rooms, hand washing facilities in the changing rooms, exit through external changing room door.</p> <p>For access to bar: Entrance through small side stair-case, through lounge bar, one way system around main hall via the bar, exit via large pitch-facing staircase.</p> <p>Teams will not be allowed to enter the pitch compound until the previous match has vacated.</p> <p>Please use the Anchorians playing fields to conduct your warm-ups.</p> <p>Once the pitch compound has been vacated by the previous match, entry to the pitch will be via the small gate at the top of the car park (the one you usually walk in through). Teams should maintain social distancing as much as is possible and go directly to their dugouts.</p>
<p>During the match</p>	<p>Players and participants on the pitch are not subject to social distancing measures.</p> <p>Substitutes, coaches, physios on the side-line are asked to remain on the dugout side of the pitch and maintain a 2m distance from each other.</p> <p>Spectators are asked to remain on the opposite side of the pitch and maintain a 2m distance from each other.</p> <p>Spectators on the dugout side will be politely asked to move to the other side of the pitch.</p> <p>In case of injury, oppositions are asked to ensure they are carrying their own first aid kit and relevant PPE.</p>

	<p>Unless the injury is life or limb-threatening <u>and</u> they are first aid trained, our participants have been told they will need to social distance from any opposition player who is injured so they can be treated by someone from their own household, or club.</p> <p>GAHC will be opting for “stick taps” instead of handshakes after the match, but this will be subject to agreement by the opposing captain and the umpires during the coin-toss.</p>
<p>Cool down and post-match</p>	<p>Participants and spectators are asked to vacate the pitch compound as swiftly as possible after their match so that the teams for the next game can enter. Once the match is over, social distancing should become the default position for all those involved.</p> <p>Exit of the pitch compound will be via the large ambulance gate at the bottom of the car park.</p> <p>Once away from the pitch area, the Anchorians playing fields can be used for cool-downs.</p> <p>The clubhouse is unfortunately not currently in the position to safely provide post-match teas. The bar will be open though and we have a limited amount of outdoor seating space, where teams are welcome to sit under their own guidance after matches.</p> <p>The changing rooms and shower facilities will not be available after matches, except in cases of safety or safeguarding.</p> <p>Toilets facilities will be available.</p>
<p>After game day</p>	<p>Should any GAHC participant or spectator become unwell with COVID-19 symptoms in the days following a match, the GAHC COVID Officer will be in touch with opposition COVID Officers as a matter of urgency.</p> <p>If any opposition players develop symptoms, we ask that they let their COVID Officer know as soon as possible so their Officer can do the same.</p>
<p>Useful GAHC Contacts</p>	<p>COVID Officer Laura Hopkins 07849035591 laura-hopkins@live.co.uk</p> <p>Fixtures Secretary Emma Strangleman emmastrangleman@outlook.com</p>